

### Pathfinders Gymnastic Club

Established in 1907



## Pathfinders News

Jerm 3 2023

#### A NOTE FROM THE PRESIDENT

Welcome back to gymnastics! It is great to see the gymnasts reconnecting with each other after the term holiday break.

A huge congratulations to everyone who took part in our club recreational competition at the end of last term. There were some fantastic results, it was great to see so many gymnasts giving it a go and having fun.

Once again thankyou to our amazing judges, coaches and volunteers who gave their time to help with the smooth running of the competition, it is really appreciated.

Competitive season is coming to an end. A huge congratulations to all our squad members who participated, it is great to see a number of gymnasts representing Pathfinders as well as a large portion qualifying to move up to the next level.

Well done!

Unfortunately, I have been made aware of spectators playing on equipment. This is extremely disappointing to hear, a reminder that we ask all spectators to respect the equipment and remain seated in the provided area at all times. I encourage all parents and club members to read our Code of Ethics and Codes of Behaviour Policy. This can be found on our website, alternatively a copy of this can me emailed to you upon request.

Sarah Rapsey.

# Fundraising purchases.

Thanks to all of your fundraising support we have been able to purchase a new strip of mat for the floor area, an additional air floor and a barrel.

Keep up the great work everyone - your efforts towards our fundraising are very much appreciated.

# Gymnastics hall safety

We ask please that you ensure that **no gymnasts**, **or siblings waiting for gymnasts**, **are on the equipment**, **trampolines or stairs**, **before**, **during or after classes**. This is a Health and Safety concern and we do not want to disrupt classes with having to deal with asking children to get off equipment.



### PLEASE STAY <u>OFF</u> TRAMPOLINES

## Celebrations

Congratulations to the fourteen squad gymnasts who have reached their Steps qualification mark twice this season and have started learning the skills needed for

the next Step.

Way to go team!



### Sign in!

We ask that all parents please sign gymnasts in on arrival to classes and sign out on leaving. This is a must do please for health and safety reasons.

There is a new sign in sheet on the desk near the door.

## Squad Try Buts

### Squad try outs 25th August 3:30-5:30

Please let Suzie know if you are interested or speak to her if you have an questions.

## Timetable changes

We are looking at some timetable changes for Term 4. This is very exciting as it means the club is continuing to grow! We are looking at having all the recreational classes on a Thursday afternoon. If you know of any major clashes with other sports or activities please share this with Suzie. Thank you.

9:30	Preschool 1										
10:15	Preschool 2										
11:00		Monday		Tuesday	Wednesday			Thursda	Thursday		
	Squad										
	Suzie		Heather	Suzie		Suzie	Jess/Sophie	Heather	Suzie	<b>Assitant Coach</b>	
3:15			Step 2,3,4					Step 4			3:15
3:30	Step 2				Step 1		Step 1	-	Junior	Rec Gymnastics	3:30
3:45				Trampoline					(Springers)		3:45
4:00											4:00
4:15											4:15
4:30		Step 2+ & 4+						Step 2,3	Intermediate	Rec Gymnastics	4:30
4:45		1920			Step 4	+		15 (6)	(Flyers)		4:45
5:00				Advanced					100000000000000000000000000000000000000		5:00
5:15				Trampoline							5:15
5:30				100					Step 2 & 4+	Advanced Rec	5:30
5:45										(Twisters)	5:45
6:00											6:00
6:15											6:15
6:30											6:30
6:45-7											6:45-7

# Trophy Return



Can we please have all gymnasts who received awards last year return these.

Date for return first week of Term Four at the latest please. This allows trophies to be sorted for the 2023 prizegiving.

# Coach appreciation

Once again we thank our wonderful coaches for all of their hard work and dedication to the club and gymnasts.

We are very lucky to have you all!

