

2025 Timetable

Monday

Step 2 3:30-5:00 Group A Coach: Sophie	Step 1 3:30-5:00 Group A & C Coach: Suzie	Heathers Squad 3:30-5:30 Coach: Heather
Step 2 5:00-6:30 Group B Coach: Jess	Step 3+ 4:30-6:30 Coach: Suzie	

Tuesday

Trampoline Beginner 3:45-4:45	Step 1 3:30-5:00 Group B & C Coach: Suzie
Trampoline Advanced 4:45-6pm	

Wednesday

Step 2 3:30-5:00 Group A C: Sophie/Suzie	Step 1 3:30-5:00 Group A & B C: Suzie/Amelia	Heathers Squad 3:30-5:30 Coach: Heather
Step 2 5:00-6:30 Group B Coach: Jess	Step 3+ 4:30-6:30 Coach: Suzie	

Thursday

Rec Gymnastics Beginner 3:30-4:30
Rec Gymnastics Intermediate 4:30-5:30
Rec Gymnastics Advanced GFA COMP 5:30-7pm

Friday

Step 3+ & Heathers Squad 3:30-5:30 Coaches: Heather & Suzie
